

Asylum Seeker and Refugee Health Hub

140 Westbourne Grove, Northcote 3070

T: (03) 9508 7000 | F: (03) 9508 7001

E: healthhub@cabrini.com.au



MENTAL HEALTH CARE Referral Form

REFERRER DETAILS

Referral date: _____

Have you obtained client consent for this referral? Yes No

Referring organisation: _____

Referrer name: _____

Role: _____

T: _____

F: _____

E: _____

CLIENT DETAILS

Male Female Other

Surname: _____

First Name: _____

Date of birth: _____

Address: _____

Mobile: _____

Year of arrival to Australia: _____

Boat or

Plane arrival

Country of birth: _____

Ethnicity: _____

Languages spoken: _____

Interpreter required: Yes No

Current visa type: _____

Applied for Protection visa: Yes No

(please supply/attach copy)

Medicare: Yes No

Medicare Number: _____

SRSS: Yes No

Medicare Expiry Date: _____

SRSS provider (if relevant): AMES Life Without Barriers

Work rights: Yes No

Employment status: _____

Income: _____

Support from any other agency: _____

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SECTION A: Reason for referral

For example: mental health support, medication review, concerns regarding self-harm/suicide risk, substance use

Please complete the following STAR – MH tool with the individual:

Questions		No	Yes
1.	Before arriving in Australia, have you ever seen a doctor or health worker, gone to hospital, or taken medicines for your 'nerves'? (i.e. mental or emotional health)		
2.	Have you often wished you were dead, wanted to kill yourself or ever attempted suicide or harmed yourself?		
If Yes to Q1 or Q2 (Tick)		No	Yes
"In the last 4 weeks..."		No	Yes
3.	Have you felt very restless, like you can't keep still?		
4.	Have you lost interest in things? (prompt: things you usually enjoy)		
5.	Have you worried about going crazy or 'losing your mind'?		
6.	Have you felt very fearful? (prompt: scared or afraid)		
7.	Have you felt very trapped or caught? (prompt: like you are trapped in a situation you cannot get out of)		
8.	Have you had a lot of pain in your body?		
9.	Have you felt very worthless? (prompt: like you have no worth or value)		
TOTAL Q3 – Q9		N=	Y=
If 'Yes' to ≥ 2 of Q3 – Q9 → Screen positive = Yes			
Screened positive? (Tick)		No	Yes

SECTION B - Referrals to psychiatry must have a GP referral letter attached

Does the client have a GP they have been attending? Yes No

GP practice name:

Phone:

Address:

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Service description

- The Hub provides access to a range of health services for people seeking asylum. These services include nurse-led primary health care and assessments, immunisations, GP clinics, psychiatry (requires a GP referral), psychology, physiotherapy and specialist mental health support.
- The Hub works in partnership with other asylum seeker agencies and where able, assists with referrals to community health and specialist services such as dental, optometry, allied health, infectious diseases and paediatrics.

Priority of access

People seeking asylum are eligible for health care at the Hub, and priority is given to people who:

- Do not have a Medicare card
- Have a Medicare card with limited or no income support
- Are receiving SRSS and require psychiatry, specialist mental health care or have complex medical needs
- Are in community detention

Cost

All services provided at the Hub will be free to all clients.

- Medicare ineligible clients will receive free service
- Medicare eligible clients will be bulk-billed (clients will need to present their Medicare card)

Referral process

- **Psychiatry services - requires a GP referral letter**
- Referrers may call (03) 8388 7874 to discuss referrals
- Hub staff will inform referrer of the acceptance of the referral and liaise with clients about their appointments

Additional referral documentation

- Please attach a copy of any relevant medical documentation such as detention health records, arrival health screening, immunisation records, discharge summaries.
- Please attach relevant documents showing current visa status, lodgement of protection application, current placement in community detention or other supporting documents showing status as a person seeking asylum.